



The Proof Stack Card

Nerves are missing evidence. Stack three proofs and read them before you walk in.

One win with a number in it

One hard thing you survived

One skill with a receipt (an artifact you can show)

THE RITUAL

Read it before you walk in

In the car, at the door. You are reviewing evidence, not psyching yourself up.

My stack is saved where I can read it in 30 seconds

Phone notes, wallet card, anywhere instant.



You don't need to feel ready. You need proof.

Feelings follow evidence. Build the evidence first.