



The Rate Decoder

Build a mortgage rate with your own hands, then you'll never misread a headline again.

The 10-year Treasury today

2 to 6%

The lender markup (the spread)

1 to 3.5%

The mortgage rate that produces

Normal spread: 1.5 to 2 points. Stress...

= _____

FED FUNDS

What the Fed actually moves

Credit cards, car loans, business credit lines. Not this.

HISTORY

6.3% now, 3% COVID low, 7.7% 50-year average

The early-80s peak topped 18%. Cheap is relative.

The headline I keep hearing, decoded

Which rate is it actually about? Write it down.

The market you're in is the market you've got.

Fed funds, the 10-year, and your loan are three different animals.